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|  | BRIDGE OF DON ASC  **Bridge of Don Medley Meet**  Bridge of Don Swimming Pool, Aberdeen  Saturday 21st May 2022 |  |

**MEET INFORMATION**

(UNDER FINA RULES AND SCOTTISH SWIMMING REGULATIONS)

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| **Date** | Saturday **21st May** | | | |
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| **Venue** | Bridge of Don Swimming Pool, Braehead Way, Aberdeen AB22 8RR  5 lane 25m pool, anti-turbulence ropes  There will be no splashboards at the turn end.  Swimmers who are 9, 10 and 11 will compete as a Level 3 meet.  Swimmers who are 12, 13 or 14 will compete as a Level 2 meet; therefore, swimmers must start with a dive. | | | |
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| **Licence Number** | **L3/ND/008/MAY22 – 9, 10 and 11 year old swimmers**  **L2/ND/009/MAY22 – 12, 13 and 14 year old swimmers** | | | |
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| **Sessions** | Session One:  Session Two: | Warm Up 08:10  Warm Up 13:10 | | Start: 09:15  Start: 14:15 |
|  | (Subject to change if necessary)  Entry to the building from 07:45. | | | |
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| **Events** | **Session One**  **9, 10 and 11 years old**  Girls: 100IM, 50 Breast, 50 Free  Boys: 50 Fly, 50 Back  **12, 13 and 14 years old**  Girls: 100IM, 100 Fly, 100 Back  Boys: 100 Breast, 100 Free | | **Session Two**  **9, 10 and 11 years old**  Girls: 50 Fly, 50 Back  Boys: 100IM, 50 Breast, 50 Free  **12, 13 and 14 years old**  Girls: 100 Breast, 100 Free  Boys: 100IM, 100 Fly, 100 Back | |
|  | Medals will be awarded to the first three places in each event. There will be no medal presentation, but medals can be collected from the designated table.  Points will be awarded for the top 6 places within each Individual Medley event for each age group and sex. At the end of Session Two, points will be collated and the top scorer for each category will be awarded a prize.  Categories: Male 9 years old; Female 9 years old; Male 10 years old; Female 10 years old; Male 11 years old; Female 11 years old; Male 12 years old; Female 12 years old Male 12 years old; Female 12 years old; Male 13 years old; Female 13 years old; Male 14 years old; Female 14 years old. | | | |
| **Age** | Age is as on day of competition .  Age Groups for all events for Girls and Boys will be: **9, 10, 11,** **12, 13 and 14 years old.**  Heats will be swum with all age groups combined and swimmers seeded by entry times. | | | |
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| **Fees** | £6 per individual event  Entry Fees should be paid by bank transfer to: | | | |
| Account: Bridge of Don Amateur Swimming Club  Bank Name: Bank of Scotland  Account No: 00179837  Sort Code: 80-05-11 | | | |
|  | **Please use you Club name/ Medley for Reference, e.g. BOD/ Medley** | | | |
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| **Entries** | All entries are to be submitted electronically using Hy-Tek Team Manager format. To obtain the meet entry file either download from the SASA North District website or email [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk).  Please email entry files and summary sheet to [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk).  **CLOSING DATE FOR ENTRIES IS Friday 13th May 2022**  Receipt of entry file will be confirmed by email.  Lists of accepted participating swimmers and a draft programme will be emailed to each club.  There will be no consideration times for this meet, but times must be submitted for seeding purposes. These should be real times but do not need to be accredited. Please note that NT entries will NOT be accepted.  Where possible the accepted entries for each age group will be equal, but if an age group is under-subscribed, the organising committee reserves the right to include additional entries in other age groups.  Where an event is over-subscribed an even number of swimmers will be selected for each age group. Swimmers with the slowest times in each age group will be rejected. | | | |
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| **Withdrawals** | Withdrawals prior to the competition should be emailed to [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk) to arrive **no later than Thursday 19th May 2022**.  All details must be included on e-mail withdrawals i.e., Name, Event No, Stroke, SASA No. etc. Telephone withdrawals will not be accepted under any circumstances.  Withdrawals on the day should be submitted on the withdrawal forms made available and should be presented to the Recorders table at least 1 hour prior to the start of the appropriate session.  Please note that anyone withdrawing on medical grounds, refunds will only be granted on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet and should be dated no earlier than the closing date or later than 3 days from the date of the competition. | | | |
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| **Technical Officials** | **We would be very grateful for a list of Officials willing to help on the day. A completed Technical Officials Sheet should be sent to our STO coordinator by email as soon as possible.**  [stoconvenor@bodasc.co.uk](mailto:stoconvenor@bodasc.co.uk)  Mentoring requests will be considered by the Referees.  Please note that probationary STOs wishing specific signatures, should make this request to the STO Convenor when names are submitted. | | | |
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| **Marshalling** | All swimmers including reserves must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers. | | | |
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| **Photography/ Mobile Phones** | Anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate Scottish Swimming Health and Safety Form).  In line with Child Protection Guidelines the use of mobile phones will not be permitted either in the toilets, shower areas or in the changing areas and they must be switched to silent in the pool area.  Videos and photographs should only be posted on secure social media pages and club websites and we would be grateful if you could ensure that all members of your club are aware of this requirement. | | | |
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| **COVID- 19 Management** | This will be updated based on latest Government Guidance.  All participating clubs will be advised prior to the event. | | | |
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| **Meet Convenor** | Lyn Strachan ([lyn@bodasc.co.uk](mailto:lyn@bodasc.co.uk)) | | | |
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| **Meeting Notes** | Lunches will be available for STOs and Coaches who will be at the pool for a full day. If possible, can you advise the meet convenor in advance if you require lunch.  There will be limited spectator space available at the poolside but there will be an area where people can go for refreshments and seating between events.  All swimmers, poolside helpers and coaches taking part should have a current SASA membership. Registration numbers must be shown on the entry files.  The licence has been applied for and accreditation will be applied for with SASA North District.  Poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time.  Participating clubs will receive one copy of the start sheets and results will be posted at the pool during the session.  Bridge of Don ASC reserves the right to accommodate empty lanes with their own club swimmers after all reserve swimmers have been accommodated.  Lockers provided in the changing rooms should be used for clothes and other belongings, to keep cubicles free for other swimmers.  The meet organisers and facility management cannot be held responsible for items lost during the meet.  Footwear must be worn outside the pool area and poolside shoes should be worn when on poolside and not swimming.  No glassware should be taken onto poolside or into the changing area.  Seating area will be allocated to each team. Teams are responsible for clearing their area of belongings, litter etc. before leaving at the end of the session. | | | |

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| Logo  Description automatically generated with medium confidence | BRIDGE OF DON ASC  **Bridge of Don Medley Meet**  Bridge of Don Swimming Pool, Aberdeen  Saturday 21st May 2022 | Logo  Description automatically generated with medium confidence |

**PROGRAMME OF EVENTS**

**Session One**

**Warm Up 08:10, Start 09:15**

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| --- | --- | --- | --- |
| Event 101 | 9 – 14 years old | Female | 100m Individual Medley |
| Event 102 | 9 – 11 years old | Male | 50m Butterfly |
| Event 103 | 12 – 14 years old | Female | 100m Butterfly |
| Event 104 | 9 – 11 years old | Female | 50m Breaststroke |
| Event 105 | 12 – 14 years old | Male | 100m Breaststroke |
| Event 106 | 9 – 11 years old | Male | 50m Backstroke |
| Event 107 | 12 – 14 years old | Female | 100m Backstroke |
| Event 108 | 9 – 11 years old | Female | 50m Freestyle |
| Event 109 | 12 – 14 years old | Male | 100m Freestyle |

**Session Two**

**Warm Up 13:10, Start 14:15**

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| --- | --- | --- | --- |
| Event 201 | 9 – 14 years old | Male | 100m Individual Medley |
| Event 202 | 9 – 11 years old | Female | 50m Butterfly |
| Event 203 | 12 – 14 years old | Male | 100m Butterfly |
| Event 204 | 9 – 11 years old | Male | 50m Breaststroke |
| Event 205 | 12 – 14 years old | Female | 100m Breaststroke |
| Event 206 | 9 – 11 years old | Female | 50m Backstroke |
| Event 207 | 12 – 14 years old | Male | 100m Backstroke |
| Event 208 | 9 – 11 years old | Male | 50m Freestyle |
| Event 209 | 12 – 14 years old | Female | 100m Freestyle |

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**BRIDGE OF DON ASC – Summary Sheet**

**Email address:** [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk)

|  |  |
| --- | --- |
| **Name of Meet:** |  |

**Contact Details**

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| --- | --- |
| **Club Name/ Abbreviation** |  |
| **Meet Secretary** |  |
| **Address (inc. post code)** |  |
| **Email Address** |  |
| **Telephone Number** |  |

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|  | **Number of Entries** | **Total Costs** |
| Girl Entries @£6 |  | £ |
| Boy Entries @£6 |  | £ |
| **TOTAL** | | £ |

**The Closing Date is Friday 13th May 2022**

**Entry Fees** should be paid by bank transfer to:

Account: Bridge of Don Amateur Swimming Club

Account No: 00179837

Sort Code: 80-05-11

**Declaration** (this must be completed by all competing clubs)

I can confirm that all swimmers entered in this competition have paid their current SASA membership fee.

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| Signed | |  | |
| Position in Club | |  | |
| Date | |  | |
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**BRIDGE OF DON ASC – Technical Officials Sheet**

**Email address:** [stoconvenor@bodasc.co.uk](mailto:stoconvenor@bodasc.co.uk)

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| **Name of Meet:** |  | | |
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| **Club Name** |  | **Email Address** |  |
|  |  |  |  |
| **STO Contact** |  | **Telephone Number** |  |

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| **Name and Current Qualification** | | **Mentoring** | | | **Timekeeper Signatures Required** | | **Sessions Available** | |
| **Officials Name** | **Qualified Level** | **Required (Y/N)** | **Trainee Level** | **Any Specific Duties Required** | **Time Keeper (Y/N)** | **Chief Time Keeper (Y/N)** | **Sat pm** | **Sun**  **pm** |
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